

Curriculum vitae

Dr. M. Santoshi Lakshmi

Asst prof (c) & I/c Head ;Dept. of Food and Nutrition,

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Name: Dr. M. Santoshi Lakshmi

Father's Name: N. Lakshmi Narasimha Rao

Mother's Name: N. Geetha

Mailing Address: H: No 12-5, F1, SindhujaEnclave , J .J. Nagar, AlwalSecunderabad- 500010

Acedemic Qualification: M.Sc, Ph.D

Designation and place of work: Asst prof (C), and I/c Head , Dept. of Food and Nutrition, University College For Women , Koti, Hyderabad- 500094

Academic Record:

	Class Obtained	Year	School/ College	%
SSC	First	1997	SurabhiBalaVihar High School	83
Intermediate	First	1999	Narayana Jr. College	84
B.Sc , Food and Nutrition, Botany, Chemistry	First	2002	Osmania University College For Women	83
M.Sc Nutrition and Dietetics	First	2004	University College For Women	80
Ph.D in Nutrition (Food Safety)	First	2018	Osmania University	80

Ph.D Specialization Topic: A Comparative study of Assessment of Food Safety and personal Hygiene practices among food handlers in Twin Cities of Hyderabad and Secunderabad

Over All Experience: 15 years (7 years of research and 8 years of Teaching)

OTHER COURSES ATTENDED

S.No	Name of the Course	Place	Duration and dates
1.	Diploma in software technology	CMC limited	2001-2002
2.	Internship	Mediciti Hospitals	5 th May-31 st July 2003

AWARDS / REWARDS

S. No	Name of the Award	Issued Authority	Year
1.	Ph.D	Osmania University	2018
2.	UGC –NET in Home science	UGC	April 2014
3.	CERTIFICATE OF EXCELLENCE	CONSUMER HEALTH FOUNDATION	2005-2006 & 2006-2007

August 2011- till date

**Osmania University College For Women, Koti Hyderabad
(Assistant Professor (C)) and I/c Head of the Department since Sep 2013 – Oct2015
and Oct -2019 – till date**

August 2010 to June 2011

**ISS Facility Services, Hyderabad
(Executive in EHS Department)**

February 2010 to July 2010

**GE IIC, Begumpet (Outsourced through ISS), Hyderabad (EHS
Executive From ISS Facility Service)**

October 2008- February 2010

**GENPACT (Outsource through Sai Master Geo Environmental Services), Hyderabad
(EHS team co-ordinator)**

February 2005 – October 2008

**GENPACT (Outsource through Consumer Health Foundation), Hyderabad
(Food Safety team co-ordinator)**

September 2004 – January 2005

Global Hospitals, lakdi-ka-pool (Dietician)

May 2004 –August 2004

☞ Conducted Nutritional awareness programs to all the mothers in association with 3H-Project and contributed to raise and upkeep their Hygiene standards (May- Jan 2005)

Administrative Assignments :

S No	Nature of Consultancy	Institution to Which Consultancy was Given
1	I/c Head Dept. Of Food and Nutrition , UCW, Koti, Hyd.	Sep 2013- Sep 2015; Oct- 2019 –till date
2	Chairperson BOS in Nutrition UCW	Sep 2013- Sep 2015; Oct- 2019 –till date
3	Course Coordinator	Entrepreneurship in Baking for the academic year 2014 -15 , UCW, KOTI
4	Training and Placement Team Member	Jun 2016 – till date
5	Research and Innovative program cell member	June 2016- 2018
6	Skill development team Member	June 2019- till date
7	UBA MHRD – Village Program Coordinator	June 2019- till date

Membership in Professional Bodies:

Name of the Award/ Awarding Institution	INTERNATIONAL / National Level	Other Distinctions (Membership of Prestigious Bodies)	Any other Details
INDIA DIETETIC ASSOCIATION	NATIONAL	LIFE MEMBER	L-692

NUTRITION SOCIETY OF INDIA	NATIONAL	LIFE MEMBER	125/1966
INDIAN DIETETIC ASSOCIATION	NATIONAL	EXECUTIVE MEMBER (2015-2018)	
INDIAN WOMEN SCIENTIST ASSOCIATION	NATIONAL	LIFE MEMBER	
INTERNATIONAL JOURNAL OF FOOD AND NUTRITION SCIENCES	INTERNATIONAL	REVIEWER SINCE MAY 2017	

Member in Other Bodies :

S NO	Designation	Organisation	Period
1.	Chairperson	Board of Studies in Nutrition , University college for Women	Sep- 2013-Sep 2015 & Oct 2019 – till date
2.	Member	Academic council, UCW, Koti	Sep- 2013-Sep 2015 & Oct 2019- Till date
3.	Academic counselor	PSC / Study center - 01162 For the Course of DHNE, MSCDFSM, and CFN at IGNOU, Regional Center , Hyderabad	Academic Year 2018-2019
4.	Subject Expert	E- learning Home science topics Compiled E components for 8 topics- MHRD, UGC E- LERANING EMRC- EFLU	Dec 2015- Dec 2016
5.	Consultant and Subject Expert	M. Voc Course in Nutrition St. Teresa's College , Eluru-	Academic Year 2014 - 15
6.	Panel Auditor	EQFS Certification Agency for HACCP	June 2013- Till date

Extension / Outreach Activities :

S No	Camp/ exhibition and place	Dates	Event
1	An Awareness Camp on Anemia and Genetic Disorders at Department of Food and Nutrition, Science Block , University College for Women , Koti.	11 th August 2016	National Nutrition Week Celebrations
2			
3	Free Nutrition and Health Camp at Department of Food and Nutrition, Science Block , University College for Women , Koti.	30 th January 2016	Food and Nutrition Fest 2016
4	An Intercollegiate innovative and Nutritious recipe contest, at Department of Food and Nutrition, Science Block , University College for Women , Koti.	25 th January 2016	Food and Nutrition Fest 2016
5	Millet Fest, at Necklace Road, Hyderabad	31 st January to 2 nd February 2015	Millet Fest 2015
6	Free Nutrition, Diet and Health Counseling Camp at Department of Food and Nutrition, Science Block , University College for Women , Koti.	17, 18 and 19 th September 2014	90 years celebrations of the College (Navathi)
7	Nutrition Education Camp at Thattyanaram village, near Nagole, Hyderabad	3 rd May 2013	Food and Nutrition Fest 2013
8	A Health talk on General Health Awareness on Health benefits of Exercise and Fitness lead by Swasthya team from Kamineni Hospitals Organised by the Dept of Food and Nutrition, Osmania University College for Women	18 February 2012	Food and Nutrition Fest 2012
9	Free Nutrition, Diet and Health Counseling Camp Organized Dept of Food and Nutrition, Osmania University College for Women	19 th March 2012	
10	Session On Soy Health Dbi- OuIslare Office At Cfrd Osmania University Campus.	3 rd December 2011	

11	Diet Exhibition Organised. By the Dept of Food and Nutrition, Osmania University College for Women	30 th November 2011	Decennial Celebrations of M.Sc (Nutrition & Dietetics) course & World Diabetes Day
12	Intercollegiate Model and Poster competition Organized Dept of Food and Nutrition, Osmania University College for Women	24 th October 2011.	World Food Day Celebrations
13	Traditional Nutritious Recipe contest Organized Dept of Food and Nutrition, Osmania University College for Women	24 th October 2011	World Food Day Celebrations
14	Oat based Recipe contest Organized. Dept of Food and Nutrition, Osmania University College for Women	6 th September 2011	National Nutrition Week Celebrations
15	Nutritional awareness programs to the mothers of children belonging to 245 primary and upper primary schools in 5 mandals of Rangareddy District Andhrapradesh	May –Jun 2005	Hepatitis B Vaccination and Child care programme

EXTENSION LECTURES DELIVERED

S.No	Date	Place	Topic
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1	25 th Aug 2018	Speaker in the Orientation programme for the UG science students in Capital Degree College, Jeedimetla , Hyd.	Course in Nutrition – Career in Nutrition
2	31 Jan 2015	Speaker in Know your portion size ,	Work Shop – Eat right and Stay Healthy
3	3 May 2013	Importance of Health and Hygiene for Adolescent girls Thattyanaram village, near Nagole, Hyderabad	NSS program organized by UCW

PUBLICATIONS

(A) Articles Published

Sl. No.	Name of the Journal	Title of the Article	Vol. No. & Date of Issue (ISSN)	Pg. No.
1	Int. Journal of Biomedical and Advanced Research	Evaluation of Food Hygiene in Commercial Food Service Establishments in Hyderabad	Vol 6 , issue :7 ; 2015 2229-3809	526-530
2	Jr. of Beverage and Food World	Formulation and Evaluation of Home Made Malted Beverage Booster Mix for Cardiac Patients”	Vol 41 No 4 April 2014., 0970-6194	
3	KRE- Jr. of Home and Community Sc	Fruit preferences and Reported frequency of consumption of Fruits	Vol 9(2,3): (2015)	91-96
4	IJFSNPHT	Microbial quality of icecreams sold by street vendors – A case study in Hyderabad	8(2), 2016	6-10

5	Int. Jr. Advanced and Innovative Research	Evaluation of base kitchen sanitation and Hygiene among food service establishments in Hyderabad	Vol 5 issue I(II) (2018)	69- 76
6	IJSART	Disposable hand glove and hand Hygiene compliance of Food handlers in Hyderabad and Secunderabad	Vol -4 issue -1 (2018)	254-257
7.	International Journal of Pharma and Bio Sciences	Market Survey of Artificial sweetners and Artificially sweetened products in Hyderabad” Priyanaka Sharma &SantoshiLakshmi	May 2019 ISSN no 0975-6299	7.291
8	International Journal of Scientific research	Dietary habits among night shift workers in corporate sector Shivani and Santoshi Lakshmi	ISSN No-2277-8179 UGC Approved h Index -45	0.10 Paper ID ART 20198006
9	International Journal of Basic and Applied Research, Vol 9 (6)	Usage of Artificial sweetners among Diabetics in Hyderabad, Telangana state. Priyanaka Sharma &SantoshiLakshmi	June-2019 paper ID- 16905	5.960, UGC approved, E IIN – 22780505)
10	International journal of Advanced Scientific Research and Management	Impact of Demographics and Diet on Blood Lipids Vaishanavi Joshi &Santoshi Lakshmi	May 2019 Accepted paper No V4S5_1495 ISSN no- 2455-6378	UGC approved Impact factor- 4.265 (2015
11	International Journal of Scientific research and Reviews.	A study on nutrition knowledge on Diet practices among nutrition students Chaitanya &Santoshi Lakshmi	May 2019 ISSN No 2279-543X	1.536 impact factor- 6.1

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(B) Books Published

S.No	Title	AUTHORS	Year	PUBLISHER
1.	The Art Of Indian Cooking – A Feast Of Recipes	Jasti Pratima Rao, Ashlesha Pendli, M. Santoshi Lakshmi, Bharathi Rao Jasti And P.Vinay Kumar	2013	Department Of Food And Nutrition, Osmania University College For Women, Koti, Hyderabad. Printed At Akruti Printers, Hyderabad

(C) Booklet's Published

S.No	Title	AUTHORS	Year	PUBLISHER
1.	SurakshithaAahar aThayaree: Avagahana – Sikshana	G. Gopal Reddy, P. Ashlesha, M. Santoshi Lakshmi	2014	Funded By APCOST, Department Of Food And Nutrition, Osmania University College For Women, Koti, Hyderabad. Printed At Aakruti Printers (P) Ltd
2.	Millets For Healthy Living Epicurean Delicacy: 100 Recipes	P. Ashlesha, ShrutiKabra And RumanaFarooqui	2013	Department Of Food And Nutrition, Osmania University College For Women, Koti, Hyderabad, Printed At Manikanta Offset And Screen Printers, Hyderabad
3.	Oat Delights For Healthy Life	P. Ashlesha, RumanaFarooqui, ShrutiKabra, M.Santoshi Lakshmi, P.Suma	2011	Department Of Food And Nutrition, Osmania University College For Women, Koti, Hyderabad. Printed At Aakruti Printers (P) Ltd

Papers Presented

G.Praveena, P. Ashlesha and **N.Santoshi Lakshmi**, ArshiyaUnnisa Begum “Estimation of Ascorbic acid content in the germinated Pulses” in the poster session at Golden Jubilee

Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

A.Vijetha, P. Ashlesha and **N.Santoshi Lakshmi**, Ayesha “Factors associated with Abnormal eating habits among adolescent girls” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

C.S. Kavita, P. Ashlesha, N. **Santoshi Lakshmi** “Impact of televisionAvertisements on Food Consumption patterns in Adults (21-45) Years” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

S. Mamatha, Shadab Fatima, P.Ashlesha and **N.Santoshi Lakshmi** “Consumption pattern of Artificial sweeteners among Diabetics and CVD individuals in Hyderabad” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

P.Alivelu, P.Ashlesha and **N.Santoshi Lakshmi** “ Evaluation of Telugu Newspaper and Magazine Reports of Nutrition Related Articles” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

D.Vasundhara, ZubaidaAzeem, P.Ashlesha and **N.Santoshi Lakshmi** “Prevalance of Hypertension in Type II Diabetics and Impact of Diet Counselling “in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

Faheem Ara Begum, P.Ashlesha, and **N. Santoshi Lakshmi** “ A Study of Impact of Educationadn Training Programme on Food Safety and Personal Hygiene to Food handlers in Hostels.” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

Sowmyasree, P.Ashlesha and **N.Santoshi Lakshmi**, Sana Fatima “ Evaluation of Mid day meal Programme- A study in School of Rangareddy District”in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

D.Usha, P.Ashlesha, **N.Santoshi Lakshmi**, KavitaWaghray, NaaziaKauser, “ An Impact Study of Education and Training Program on Food Safety and Personal Hygiene of the food handlers in Mid Day meal Scheme” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

PritiSangam, ZubaidaAzeem, Pragyna Singh, P.Ashlesha, **N.Santoshi Lakshmi**, B. Mounika “Impact of Media (TV)on Food consumption patterns of Adolscent Girls (16-20) Years.” in the

poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

InduGautam, P.Ashlesha, and **N.Santoshi Lakshmi** “A study of Impact on education and Training Programme on Food safety and Personal Hygiene to food handlers in catering sectors” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

Sandhya Rani, P. Ashlesha, and **N. Santoshi Lakshmi** “A study of Impact on education and Training Programme on Food safety and Personal Hygiene of food handlers in unorganized Sectors” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

D.Usha, P.Ashlesha, **N.Santoshi Lakshmi**,B.Srilatha “ Impact of Mini Nutritional assessment in Geriatrics” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012.

FirdousNajeeb, P.Ashlesha, **N.Santoshi Lakshmi**, KavitaWaghray, S.Mayuri “An Impact study of education and Training Programme on Food safety and Personal Hygiene to food handlers in various hospitals” in the poster session at Golden Jubilee Conference, 45th Annual National Conference organised by the Indian Dietetic Association, A.P. Chapter, Hyderabad in November 2012

Seminars / Courses / Workshops / Conferences- ORGANISED

Sl. No	Conferences / Seminars / Workshops / Courses	Session	Position	Title	Year
1.	Conference	Organising team Member Panelist for Carbohydrate properties and Glycaemia	Executive member of organizing committee and panelist	Dietetics and Diabetes	30 July 2016,) held at SVS MEDICL COLLEGE MEHABUB NAGAR

2	Workshop	Importance of packed lunches for preschoolers and School age children	Speaker and panelist	Consult a Dietician and get Fooducated (Workshop)	10 Jan 2017
3.	National Level 2 day seminar	Pulses-2016: Innovative Approaches for Sustainability in Production and Promotion of Utility”	Organiser and Treasurer	For the 2 day seminar for coordinating with the Dept of Horticulture, Telangana	21 and 22 oct 2016
4	Workshop at Govt.City College Hyderabad		Director	Eat Right and Stay Healthy	31 January 2015

Seminars / Courses / Workshops / Conferences- ATTENDED

Sl. No	Conferences / Seminars / Workshops / Courses	Session	Position	Title	Year
1.	Workshop	Ensuring safe and nutritious food by Indian Dietetic association-Telangana chapter	Speaker		10 th January 2018

2.	A two day work shop	Scientific and rational thinking for teachers	Delegate	-	20 and 21 st January 2017 .
3.	A Two day Workshop	CBCS : quality sustenance and standardization of examinations- sponsored commisionarate of collegiate education and state project directorate, by RUSA. Govt of Telangana	Delegate		31 march and 1 st April 2016 Jan 2017
4.	International Workshop by Zeal Biologicals	National award in Food safety	Delegate		30 Dec 2015
5.	Workshop at Govt.City College Hyderabad	Eat Right and Stay Healthy	SPEAKER	KNOW YOUR PORTION SIZE	31 January 2015
6.	One day Workshop By Examination Branch UCW, Koti	Choice Based Credit system: Relevance , Review and Implemenatation	Delegate		6 Feb 2015
7.	International Symposium	Fats in maternal and Child Health Nutrition – Indian Context	Delegate		18 th sep 2018
8.	Symposium	Entrpreneurship for Nutritionists and Dieticians	Delegate		4 th July 2017

Sponsored Research Projects

Sl. No	Title of the Project	Sponsor	Year of Sanction	Duration	Amount	Status	Year of Completion
1	<p>Project Co- investigator</p> <p>Minor project on Education and Training program to the food handles working in various food “service establishments.” With Dept. of Political science.</p>	APCOST Andhra Pradesh council of Science and Technology	DEC 2012	1 year	2.00.000	Completed	June 2014
2.	<p>Project Assistant – Hapatitis – B Vaccination and Child Care {3H- Project (Hunger, hygiene &Health Project)}for Immunizing School Children with HEPATITIS- B Vaccine and Vitamin A, D, B-Complex and protein supplements.</p>	Rotary Club international in association with Dept of Family Welfare	2003-2005	2 years (May 2004 – Jan 2005)	1 Crore	Completed	January 2005